



# You are not alone

Being told you have diabetes can bring a flood of emotions – shock, anger, denial, confusion, fear even. How will you live with it? How will it affect the future? Why can't it just go away? Ignoring diabetes could lead to serious health complications, but there is some good news – you don't have to go it alone. We are here to help you.

## We can face diabetes together.

Diabetes UK is the largest UK charity for people with diabetes, working to improve lives and help them to manage their condition. We can help you to understand and control your diabetes and live a balanced healthy life.

## Become a Supporting Member today and let us help you live with diabetes.

To become a Supporting Member, simply complete and return this form to:

**Diabetes UK**  
**Freepost LON 12870**  
**NORTHAMPTON**  
**NN99 1ZR**

## 1 Your personal details

Title Mr / Mrs / Miss / Ms / Other \_\_\_\_\_

First name \_\_\_\_\_

Last name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Date of birth   /   /

Telephone no. \_\_\_\_\_

Email \_\_\_\_\_

I am happy for Diabetes UK to contact me by email.

Any medical information will be used to help Diabetes UK provide you with services and correspondence appropriate to your needs. By answering the above questions, you are giving your consent for this information to be used for these purposes.

**Diabetes type** (delete as applicable):

- Type 1 diabetes                      Year of diagnosis (if applicable):
- Type 2 diabetes
- Have diabetes but am unsure which type
- Don't have diabetes                       Other

## 2 Choose your Supporting Membership

- Individual Supporting Member     (Adults over 18)
- Family Supporting Membership\*    (Adults and children under 18)
- Life Benefactor

\*If you choose family membership you will get the opportunity to provide us with additional members' details, including all children under 18, in your welcome pack or by contacting Supporter Services on 0845 123 2399.

### 3 Please choose how much you would like to give for your Supporting Membership

**Every gift makes a difference, so please give whatever you can.** NB Making monthly donations via Direct Debit means you only need to make a small gift each month to support our work and still receive the benefits.

**Monthly** (this is by Direct Debit only):

£1.50       £2       £3      Or  My chosen amount

**Annual** by Direct Debit/cheque/credit or debit card:

£18       £24       £36      Or

**Life Benefactor**

This is a one off payment by cheque, credit or debit card, providing Supporting Membership for life.

£350 (minimum gift)      Or

### 4 By Direct Debit

**Instruction to your bank/building society to pay by Direct Debit**

Please complete this entire form in black ink with block capitals and send it to **Diabetes UK, Freepost LON 12870, Northampton, NN99 1ZR**



Originator's number

7 5 4 7 5 9

Name and address of your bank/building society

To the Manager of \_\_\_\_\_

Branch address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Name(s) of account holder(s) \_\_\_\_\_

Account no.

Sort code

**Instruction to your bank/building society**

Please pay Diabetes UK Direct Debits from my account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Diabetes UK, and if so, details will be passed electronically to my bank/building society.

Signature(s) \_\_\_\_\_ Date \_\_\_\_\_

Banks/building societies may not accept Direct Debits for some types of account.

Diabetes UK ref no.

**For Diabetes UK official use only.** This is not part of the instruction to your bank/building society.

### 5 By credit/debit card

Please debit my Visa/MasterCard/Maestro/Delta card (delete as appropriate)

The amount of

Credit card no. \_\_\_\_\_ (Shaded boxes for Maestro only)

Valid from  Expiry date  Issue no.

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

### 6 By cheque or postal order

Please make your cheque or postal order payable to Diabetes UK. If donating by cheque, please enclose it by folding it inside your completed form.

### 7 Gift aid

*giftaid it* **Gift aid makes every £1 you give worth 28 pence more at no extra cost to you. Just tick the box below:**

I am a UK taxpayer and want Diabetes UK to claim back the tax on all my donations made in the last six years until further notice. To qualify for Gift Aid, what you pay in income tax or capital gains tax must at least equal the amount we will claim in the tax year.

Diabetes UK takes data protection very seriously. We promise we will not pass your details on to other organisations. If you do not wish to receive further communications from Diabetes UK about our work and that of our trading company, please tick this box